## **DRAIN CARE INSTRUCTIONS**

- 1. If you have a drain in place: keep the dressing in place and clean. If it should come off it needs to be replaced with a sterile gauze and tape. If you do not have these, this can be done in the office, call before coming in. You need to empty the bulb into a specimen cup with "cc" markings on it and record the amount of drainage three times a day on the Drainage Output Record (provided on next page). Bring the record with you for your appointment. You need to insure that suction is being applied to the drain by squeezing the bulb and replacing the small cap. This should have been demonstrated to you by the nursing staff. If this was not done, please notify the office for further instructions.
- 2. Do not shower or bathe while the drain is in place.
- 3. If you have drainage around the catheter, check to be sure the suction bulb is squeezed and capped. If this is not the problem, call the office.
- 4. Notify the office if you notice any of the following:
  Increased pain at the site of the incision
  Redness at the incision site
  Drainage from the incision
  Fever or loss of appetite

## RECORD OF DRAIN OUTPUT

DATE	MORNING	MIDDAY	BEDTIME	TOTAL

**NOTE:** Be certain to bring this form in with you to your doctor's appointment